

AUGUST 2025

CELEBRATING FREEDOM, FUN & WELLBEING

Official Newsletter



Care & Celebrations Take Centre Stage

August was a month of joy, wellbeing, and togetherness across Vidyaranya's projects. From yoga sessions and fun outings for our senior residents, to vibrant Independence Day celebrations and fun-filled activities for our children, every moment was about spreading smiles and creating lasting memories. August reminded us that care comes in many forms—wellness, celebration, nutrition, and empowerment. Every initiative brought us closer to our mission of dignity and joy for all.



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Independence Day Celebration

Children and elders came together to celebrate Independence Day with pride and joy. The tricolour was hoisted, the National Anthem echoed in unison, and cultural performances remembered India's freedom fighters. The celebrations were filled with activities, laughter, nutritious meals, and a shared spirit of patriotism that brought everyone closer as one community.



Other Monthly Updates



At our Mandur residential facility, hygiene kits were generously distributed by our donors to support the wellbeing of our senior residents. The thoughtful gesture ensured better health, dignity, and daily comfort, reminding everyone of the importance of care through small yet impactful acts.

Our elderly residents enjoyed a delightful outing to the theatre to watch a movie together. At Vidyaranya, we care not only for their health, hygiene, and nutrition but also their happiness. Entertainment and shared experiences bring joy, reduce stress, and play a vital role in supporting mental wellbeing.



Elderly residents regularly practiced yoga tailored to their individual health needs. Different poses were introduced to suit varying abilities, with meditation as a constant. Yoga not only strengthens the body and calms the mind but also transforms the lives of our elders with renewed energy and balance.



Women Empowerment



At Vidyaranya, disabled women showcased their talent through a remarkable performance, inspiring all with their courage and creativity. Alongside, our skill development program empowers women with practical abilities, fostering independence, confidence, and self-reliance. Together, these initiatives highlight the transformative power of opportunity, inclusion, and women's empowerment in rebuilding lives.. Under the guidance of our trainers, these women are finding renewed courage to dream again and rewrite their stories. one stitch at a time.



Celebrating Corporate Connections



August at Vidyaranya was full of joy and meaningful connections through corporate visits. Nippon Express engaged with our elderly, women, and children at Mandur, donating chairs, education kits, and organizing lunch. FICO brought fun with games, dance, and a movie for children from Namma Mane, while BOSCH inspired creativity through jewelry-making and crafts.



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